

f.

GYM

Welcome to F Gym by FTV
where strength meets motivation.
Every workout is designed to
energize your body,
build confidence, and support
a healthier lifestyle.





TIER 1

C I T I E S

f·Gym by FTV delivers a high-performance fitness environment for driven urban professionals. From cutting-edge equipment to specialized training programs, it's a space built for results and lifestyle fitness.

PRODUCT

State-of-the-art fitness equipment,
personal training programs,
functional training zones,
recovery solutions,
nutrition guidance,
and smart fitness tools.

MODEL

Premium / Performance –
advanced training concepts
with elite facilities.

MODEL

Affordable Active –
goal-oriented fitness
with flexible and
value-driven plans.

TIER 2

C I T I E S

f Gym by FTV brings
modern fitness solutions to fast-growing cities. Structured
workouts, expert guidance, and motivating spaces make
staying fit both achievable and enjoyable.

PRODUCT

Standard gym equipment, group
workout classes, strength and cardio
programs, basic recovery options,
and fitness accessories.



MODEL

Essential / Accessible –
practical fitness
solutions for daily
wellness.



PRODUCT

Basic workout equipment,
general fitness programs,
cardio and strength zones,
entry-level training support, and
everyday fitness tools.

TIER 3

C I T I E S

f Gym by FTV makes
everyday fitness simple and welcoming. Focused on consistency
and comfort, it supports healthy habits with reliable facilities and
friendly guidance.